

Sapna

I am Sapna, a resident of a neighborhood in the area of Bund Bosan, Multan. I like my neighbors, they are very kind people. They treat us quite well.

One day, some of the VISION staff members visited my dera, and delivered a session on personal hygiene, as well as, safe sex practices. Till then, I did not have any information about it, and was not aware of how to take care of myself and my health. They also talked about infections contracted through sexual interactions and how to avoid contracting them. After the VISION staff left, I started thinking about personal hygiene, infectious diseases, and safe sex. It all started making sense to me. So, I started practicing what I was told by team VISION which was about remaining healthy physically, and, sexually.

I started propagating personal hygiene and safe sex practices among my friends, other murats, (local term used for female transgender) and acquaintances. Initially, no one paid any attention to what I was saying, but later on some of them followed my lead, and adopted a healthy lifestyle.

Now many of us are avoiding unhealthy practices, and leading healthy lives for which I am grateful to VISION's staff. It is very critical as well as useful for us murats to get such important information.



I wish and pray that the murats can get more awareness sessions, and that VISION staff can visit us more often for similar conversations.

I once again would like to extend my appreciation to VISION.